

# Limiting the Transmission of COVID-19 in Senior Living Communities

The Richmond City and Henrico County Health Districts are providing the following information about protecting residents and visitors against COVID-19.

## Reducing the Spread of COVID-19

The symptoms in residents with Covid-19 may vary in severity from none, mild, moderate, to severe, life threatening symptoms, or death. Initially, symptoms may be mild and not require transfer to a hospital. It is important to follow the infection prevention and control practices recommended by Centers for Disease Control and Prevention (CDC).

Residents may develop more severe symptoms and require transfer to a hospital for a higher level of care. Prior to transfer, emergency medical services and the receiving facility should be alerted to the resident's diagnosis, and precautions to be taken including placing a facemask on the resident during transfer.

Cancel communal dining and all internal and external group activities. Encourage active screening of residents for fever, chills, cough and respiratory symptoms. Finally, remind other residents to practice social distancing, perform frequent hand hygiene and follow cough etiquette.



## Visitation Recommendations

Senior living communities should remain in isolation if possible and restrict visitation of all non-essential personnel.

Residents can allow entry of vendors, deliveries, agency staff, EMS personnel and equipment, transportation providers and other non-health care providers, as long as they are following the appropriate CDC guidelines for Transmission-Based Precautions.

For more information contact the Virginia Department of Health, Richmond City Health District, or Henrico County Health District. ■

## Additional CDC Resources

- **CDC FAQ for COVID-19**  
<https://www.cdc.gov/coronavirus/2019-ncov/infection-control/infection-prevention-control-faq.html>
- **Infection Preventionist Training**  
<https://www.cdc.gov/longtermcare/index.html>
- **CDC Resources for Healthcare Facilities**  
<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html>
- **CDC Guidelines for Healthcare Workers** (<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>).